

COVID-19 Asymptomatic Option 1: K-12 Alternative to 14-day Quarantine for Asymptomatic Close Contacts – Return on Day 11 after 10 days of quarantine



Asymptomatic Close Contact (student, teacher or staff) will quarantine at home **days 1-10**. May return after **day 10 of quarantine**

No testing needed to return to school on day 11

Utilize enhanced precautions* days 11-14 and monitor for symptoms of COVID-19.

If symptoms develop on days 11-14, return home, isolate, and obtain a COVID-19 test

NOTES:

- 14 Day Quarantine remains the preferred length of quarantine. Recommended by both CDC and Indiana Department of Health.
 - *With Return on day 11, residual post-quarantine transmission risk is estimated to be about 1% with an upper limit of about 10%*
- Immediately isolate and seek testing if you develop symptoms at any time during the 14 days after your exposure to someone who tests positive for COVID-19.

****Enhanced Precautions when returning prior to full 14-day quarantine***

- Masked at all times on bus and during school day, no exceptions.
- Maintain distance of at least 3 feet from others at all times during the educational school day. The only time lesser distance of close contact is 3 feet is during the educational portion of the day when everyone is in the classroom, facing forward and wearing a mask.
- Lunch to be eaten separately from others as mask will be off when eating. Remain 6 feet from others, no exceptions.
- Hand hygiene should be a priority.
- Symptom monitoring daily by parents, as needed by school staff, during the school day.
- **If ANY signs or symptoms are identified while at home, student/teacher/staff should NOT come to school and should seek a confirmatory PCR test.**
- **If symptoms develop during the school day, individual should be sent home as soon as possible to get a confirmatory PCR test.**
- **If PCR test is positive, begin 10 days of isolation starting from the date symptoms began.**
- **If PCR test is negative, because individual is a close contact, must complete remainder (days 11-14) of 14-day quarantine and remain at home until symptoms improved and 24-hours fever free without the use of fever-reducing medication.**

For ALL extra-curricular activities including, but not limited to: band, choir, orchestra, athletics including cheerleading:

- Masks must be worn at all times, no exceptions
- If mask cannot be worn due to risk associated with mask during activity, student should not practice, compete or attend the activities until after a full 14-day quarantine is complete
- Distance at least 6 feet away from others during practice, participation or while observing.
- If distance of at least 6 feet away from others during practice, participation or while observing cannot be maintained, student should not practice, compete or attend the activities until after a full 14-day quarantine is complete
- Utilize hand sanitizer before and after playing/touching equipment.
- Stay home if symptoms appear or if feeling sick and get a PCR test.