

This tool is to document each school's progress in meeting the expectations of the district's wellness policy.

Schools should document the steps that have or will be taken.

|   |   | Fully in Place | Partially in Place | Not in Place | List steps that have been taken to implement goal and list challenges and/or barriers of implementation   | List next steps that will be taken to fully implement and/or expand on goal.  |
|---|---|----------------|--------------------|--------------|---|---|
|   | Nutrition Education & Promotion Goals   |                |                    |              |   |   |
| 1 | Nutrition Education shall be included in the health curriculum so that instruction is sequential and standards based and provides students with the knowledge, attitudes, and skills necessary to lead healthy lives.   |                | X                  |              | standards adopted by the IDOE . This issue is with inconsistent implementation as new Science standards have been adopted and these health and wellness standards have not been | this school year with the science consultants at DOE in regards to this and they are working together to get something addressed at the state level with the standards. |
| 2 | Nutrition education standards and benchmarks shall be age-appropriate and culturally relevant   |                | X                  |              |   |   |
| 3 |   |                |                    |              |   |   |
| 4 |   |                |                    |              |   |   |
|   | Physical Education & Physical Activity Goals  |                |                    |              |   |   |
| 1 | The sequential, comprehensive physical education curriculum shall provide student with opportunities to learn, practice, and be assessed on developmentally appropriate knowledge, attitudes, and skills necessary to engage in lifelong, health-enhancing physical activity. | X              |                    |              | IDOE PE standards are the guide for all physical education. Curriculum mapping is taking place in the elementary schools to assure that there are no gaps in instruction.       | Curriculum mapping is taking place in all schools to assure that there are no gaps in instruction.  |

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|---|---|---|--|--|---|---|
| 2 | The physical education curriculum shall provide sequential instruction related to the knowledge, attitudes, and skills necessary to participate in lifelong, health-enhancing physical activity.  | X |  |  |   |   |
| 3 | The sequential, comprehensive physical education curriculum shall stress the importance of remaining physically active for life.  | X |  |  |   |   |
| 4 |   |   |  |  |   |   |
|   | Available to Students   |   |  |  |   |   |
| 1 | entitled Food Service, the food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages as well as to the fiscal management of the program. | X |  |  | The Food Service Director   |   |
| 2 | As set forth in Policy 8531, entitled Free and Reduced Price Meals, the guidelines for reimbursable school meals are not less restrictive than the guidelines issued by the USDA  | X |  |  | The Food Service Department follows the Eligibility Manual for School Meals when determining and verifying applications | The Food Service Department continually checks for updates to the Eligibility Manual through the IDOE and USDA website. |
| 3 | The food service program will provide all students affordable access to the varied and nutritious foods they need to be healthy and to learn well.  | X |  |  | The Food Service Department uses the Paid Lunch Equity tool to determine if student meals are at an acceptable level.   | The Food Service Department uses the Paid Lunch Equity Tool yearly to keep students meals at an acceptable level.       |

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|---|---|---|--|--|--|--|
| 4 | Continuing professional development shall be provided for all staff of the food service program.  | X |  |  | The Food Service Department follows the Professional Standards guidelines set forth in HHFKA.  | The Food Service Department will continue to follow the Professional Standards guidelines set forth in HHFKA.  |
| 5 | The school food service program may involve students, parents, staff and/or schools officials in the selection of competitive food items to be sold in schools. | X |  |  | The Food Service Department currently has the food service staff sample potential competitive food items to determine which would be best sold in the cafeteria.   | The Food Service Department will enlist the help of students and other individuals to sample potential competitive food items to determine which would be best sold in the cafeteria.  |
|   | Other School Based Activities Goals   |   |  |  |  |  |
| 1 | The schools shall schedule mealtimes so there is minimum disruption by bus schedules, recess and other special programs or events.                              | X |  |  | Meal times are established before the school year begins and other activities are scheduled around meal times the majority of time.  | The Food Service Department will stress the importance of minimal disruption of meal times to building principals when the school year begins. Field Trips, Special Events, and Programs should be scheduled at times other than meal times if possible. |
| 2 | The school shall provide attractive, clean environments in which the students eat.  | X |  |  | The Food Service Department along with the custodial department will work to keep the cafeterias clean of trash and unnecessary debris. Age appropriate decorations will be used to make the cafeteria an attractive place to eat. | The Food Service Department will continue to update cafeteria spaces as money becomes available with modern, attractive seating, decorations and equipment.  |
| 3 |   |   |  |  |  |  |
| 4 |   |   |  |  |  |  |

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|   | Communication with Parents   |  |  |   |   |  |
|---|--|--|--|---|---|--|
| 1 | The Superintendent shall also be responsible for informing the public, including parents, students, and community members, on the content and implementation of this policy.   |  |  |   | X | The Superintendent will inform the public, parents, students and community members on the content and implementation of this policy by including the Wellness Policy in the student handbook. The Superintendent will notify the school media representatives when the content of the policy changes so the information can be sent to parents, guardians, and students. |
| 2 | In order to inform the public, the Superintendent shall present periodic reports at Board meetings and post the wellness policy on the Corporation's website, including the assessment of the implementation of the policy prepared by the Corporation |  |  | X |   | The Wellness Policy will be posted on the corporation website in the Board Policy section as well as on the Food Service Department webpage.   |
| 3 |  |  |  |   |   |  |
| 4 |  |  |  |   |   |  |
|   | Food Marketing in Schools  |  |  |   |   |  |
| 1 | No Policy Language   |  |  |   | X | The committee is working to update the current policy  |
| 2 |  |  |  |   |   |  |
| 3 |  |  |  |   |   |  |
| 4 |  |  |  |   |   |  |

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|   | Staff Wellness     |  |  |   |   |  |
|---|--------------------|--|--|---|---|--|
| 1 | No Policy Language |  |  | X | The committee is working to update the current policy |  |
| 2 |                    |  |  |   |   |  |
| 3 |                    |  |  |   |   |  |
| 4 |                    |  |  |   |   |  |